



Dear international students,

Welcome to the University of Stuttgart! This sheet gives you an **overview on the current entry and quarantine regulations**. Please always cross check the information with the German officials! We provide the relevant links within the text.

1. Information for all students arriving in Germany from abroad

For visa regulations please refer to the German embassy in your country of residence. The University of Stuttgart is not in the position to speed up the visa process. If you experience massive problems with your visa application, please contact us: incoming@ia.uni-stuttgart.de

An admission to studies is generally a valid reason to enter Germany. An individual confirmation of presence by the university is no longer necessary since September 11, 2020. For questions, regarding admission and enrollment please refer to the [Admissions Office](#).

Please have the following documents at hand when passing the border:

- Valid passport and visa, if needed
- Letter of admission and if possible, valid enrollment certificate
- Rental contract or proof where you will be staying in Germany after arrival
- Negative covid-19 test result if required (see below)

2. Entry restrictions: what rules are valid for me?

Relevant for your arrival is the country and region where you spend the last ten days before your arrival (transfer airports not included):





- Risk zone
- High incidence area
- Virus variant area
- Areas with no restrictions

On the website of the [Robert-Koch-Institute](#) you can check which zone you are arriving from (download the English information).

All arrivals (except the few no restriction areas) must [register online](#) prior to arriving in Germany and be able to present a proof of this registration when entering Germany.

In addition, all persons travelling by air have to present the negative test result to the airline before departure. This applies regardless of the country from where the individual has travelled.

Official information for all areas:

[Entry restrictions and quarantine regulations](#) by the Federal Foreign Office

[Travel restriction and border control](#) by the Federal Ministry of Interior

Federal Police's hotline +49 800 6888 000 (available around the clock)

2.1. Arriving in Germany from a risk zone

All persons travelling by air have to present the negative test result to the airline before departure. If you arrive by train or car you must be in possession of a test result within 48 hours after entry. However, we strongly recommend to test yourself before arrival. If this is not possible, you can refer to the [test center at the Airport Stuttgart](#). Other [testing options in Stuttgart](#) (German only).





You must travel to your housing immediately after arrival and stay in isolation for ten days. (You may use the public transportation to reach your housing.) The isolation can be controlled by the Department of Public Health. Non-compliance results in a fine.

The quarantine can be shortened by a second negative corona test five days after your arrival the earliest.

Don't forget to [register](#) prior to arrival!

2.2. Arriving in Germany from a high incidence area

You must arrive with a negative test result not older than 48 hours (time of swab). Travel to your housing immediately after arrival and stay in isolation for ten days. (You may use the public transportation to reach your housing.) The isolation and existence of a test result can be controlled by the Department of Public Health. Non-compliance results in a fine.

Don't forget to [register](#) prior to arrival!

2.3. Arriving in Germany from a virus variant area

At the moment only German citizens and people with a valid residence permit are allowed to enter Germany from virus variant areas. EU citizens and people with a visa for studies may also not enter from these areas.

If you enter Germany from a virus variant area, you must arrive with a negative test result not older than 48 hours (time of swab), travel to your housing immediately and stay in isolation for 14 days. The isolation can be controlled by the Department of Public Health. Non-compliance results in a fine.





Don't forget to [register](#) prior to arrival!

2.4. Have you recovered from a corona infection?

Travelers who contracted the coronavirus and have recovered are exempted from the quarantine and test requirements when entering Baden-Württemberg (the German state Stuttgart is the capital of). Prerequisites:

- the infection was confirmed by a PCR test
- the infection occurred at least 21 days and a maximum of six months ago by the time of entry
- the person is symptom-free upon entry

A medical certificate is required. The obligation to [register prior to arrival](#) applies.

2.5. Vaccinated persons

Currently the same entry and quarantine rules apply to vaccinated and non-vaccinated persons.

3. What should I do if I have symptoms of covid-19?

If you are still in your home country, please follow the instructions by your local authorities and postpone your arrival until you are healthy.

In case of symptoms after arrival please directly contact your doctor or get in touch with the general medical emergency service, phone **116 117**. If you need support, please contact the International Office: incoming@ia.uni-stuttgart.de





4. Regulations regarding student dormitories

When moving in the student dormitory of the Studierendenwerk Stuttgart you must present a negative test result. If you will be tested at the airport and need to wait for the result, please contact the responsible staff member well in time for instructions. You will find the contact information in your moving-in letter. The isolation after arrival can be done in your dormitory room.

5. How to isolate/quarantine

Most students live in shared flats, either private or in the dormitory. Your flatmates will be helpful in organizing your isolation. Since you must stay in your room, discuss with your flatmates the usage of kitchen and the bath.

It is advisable to take some food with you for the first evening and morning. You can drink tap water in Germany. The next day you can ask your flatmates to do the groceries for you or order online.

Ordering groceries online

Here is a selection of online shops of German supermarkets and online providers, to be self-sufficient with groceries during quarantine. The delivery usually takes a few days. Here are a few examples (not a recommendation):

- Supermarkets with both stores and online shops: [EDEKA](#), [Netto](#), [Real](#), [REWE](#)
- Online supermarkets: [Flash Food](#), [Lieferladen](#), [MyTime](#), [Supermarkt24](#)
- Online Pharmacies: [DocMorris](#), [Mycare](#), [Sanicare](#)
- Electronic articles: [Conrad](#), [Mediamarkt](#), [Saturn](#)





Meal delivery service

To have a warm meal delivered at the same day, you can call most restaurants in your area and order per phone. Many offer an online order form, too. Always ask if payment by credit card is possible! Cash is frequently required in Germany. General delivery services include e.g. [Lieferando](#), [Bringbutler](#), [deliver24](#) and others.

